

**TO RESERVE A PLACE – WHATSAPP / TEXT 07508 843232**

**Caroline gives all lectures, technique classes and clinics herself – you get her every day on your face to face, or on your hybrid block. The class sizes are very small – capped at 6 per group, so you get a very focused masterclass!**

The online material is all prerecorded lectures given by Caroline (and loads of downloadable articles etc) – no substitutions here!

In the face to face, techniques are included live. In the hybrid / online, your techniques are included in the block and you also get clinical observation / participations, all overseen by Caroline.

## CNMO PROGRAMMES 2024-2025

INDICATIVE CONTENT IS WRITTEN IN THE CHARTS / COLOUR  
CALENDAR ENTRIES

### Cost:

All programmes cost £2500, whether face to face, or online with a practical / clinical block. If you pay in full by 30 June, 2024, the price is £2250. Payment by bank transfer.

INSTALLMENTS – TOTAL PRICE IS £2800. PAY INITIAL FEE OF £800, THEN 4 INSTALLMENTS OF £500, PAYABLE PRIOR TO EACH BLOCK.

### VENUE:

#### Bristol face to face lectures:

THE LECTURE ROOM, Brook Lodge Farm Camping  
Cowslip Green, Wrington, BRISTOL, BS40 5RB

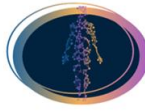
This is on the main A38, directly opposite the Bristol Airport Holiday Inn Hotel (great for hotel accommodation). It is 25 mins south of Bristol City Centre, and 10 minutes south of Bristol Airport.

#### Clinical location for those on the face to face programme:

The Family Practice, 116 Gloucester Road, Bristol BS7 8NL

#### Clinical practical location for those on the ONLINE versions

Ashby Osteopath, Office Suite 2, St Helen's Court, North St, Ashby-de-la-Zouch LE65 1HS



## **ONLINE PROGRAMMES – WOMEN’S HEALTH:**

EMODULES, DELIVERED MONTHLY, OVER 9 MONTHS, WITH 2-3 MONTHS FOR REVIEW AND ASSESSMENTS.

EMODULES START - SEPTEMBER TO JUNE, ASSESSMENTS JULY – AUGUST)

YEAR ONE CLINICAL BLOCK – ASHBY – TUES-SUN 21-16 JANUARY, 2025 (see calendar below).

YEAR TWO CLINICAL BLOCKS – ASHBY - MON-SAT 17-22 MARCH, 2025, AND TUES-FRI 17-18-19-20 JUNE, 2025 (see calendar below)

### **WOMEN’S HEALTH ONLINE CLINICAL / PRACTICAL REQUIREMENTS:**

#### **YEAR ONE:**

20	21	22	23	24	25	26
JAN 2025	nottingham year one online practical / clinic					

#### **YEAR TWO:**

	17	18	19	20	21	22
March 2025	nottingham year two online practical / clinic					

And:

16	17	18	19	20	21	22
JUNE 2025	nottingham online year 2 internals block					

## **WOMENS HEALTH CERTIFICATE FACE TO FACE VERSION:**

### **BLOCK ONE:**

THURS-SAT – 17-18-19 OCTOBER 2024, IN PERSON LECTURES

SUN 20 OCTOBER, CLINICAL INTRODUCTION DAY

### **BLOCK TWO:**

THURS-SAT 16-17-18 JANUARY 2025, IN PERSON LECTURE DAYS

SUN 19 JANUARY, CLINICAL DAY

### **BLOCK THREE:**

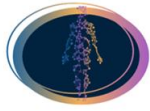
THURS-FRIDAY 27-28 FEB AND 1 MARCH, IN PERSON LECTURE DAYS

NO CLINICAL DAY

### **BLOCK FOUR:**

THURS-SAT 12-13-14, IN PERSON LECTURE DAYS

SUN 15 JUNE, CLINICAL DAY



## WOMEN'S HEALTH (YEAR TWO) DIPLOMA DATES – FACE TO FACE:

### BLOCK ONE:

THURS-SAT 24-25-26 NOVEMBER 2024, IN PERSON LECTURES DAYS

SUN 27 , CLINICAL DAY

### BLOCK TWO:

THURS-SAT 27-28 FEB 2025 AND 1 MARCH, IN PERSON LECTURE DAYS

SUN 2 MARCH, CLINICAL DAY

### BLOCK THREE:

THURS-SAT, 6-7-8 JUNE, IN PERSON LECTURE DAYS

SUN 9 JUNE, CLINICAL DAY

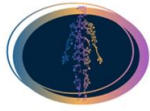
### BLOCK FOUR:

MON-WED 30 JUNE, AND 1-2 JULY, IN PERSON LECTURE DAYS

THURS-SUN 3-4-5-6 JULY, CLINICAL DAYS

## OCTOBER 2024

17	18	19	20
F2F womens health block one A	F2F womens health block one A	F2F womens health block one A	womens health clinic 1
principles and case analysis	global cavities and physiology	general visceral palpation	
24	25	26	27
F2F year two / block two - A	F2F year two / block two - A	F2F year two / block two - A	yr 2 clinic 1
pain, body image, social engagement, focusing, trauma	heart and lungs, facial / tmj - social imporinting, arousal. trauma	neuroendocrine immune	

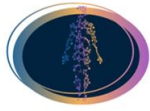


# MARCH 2025

THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	01	02
	FEBRUARY	MARCH	MARCH
F2F womens health block one c	F2F womens health block one c	F2F womens health block one c	
obstetrics	obstetrics	labour and delivery	paeds clinic 2
06	07	08	09
F2F year two / block two - B	F2F year two / block two - B	F2F year two / block two - B	y2 clinic 2
complex obs	complex post partum	scars and prolapse	

# JUNE 2025

26	27	28	29	30	31	01
bank holiday weekend					END MAY	y2 clinic 3 / JUNE
02	03	04	05	06	07	08
F2F year two / block two - c	F2F year two / block two - c	F2F year two / block two - c	paeds block one d	paeds block one d	paeds block one d	paeds clinic 3
complex other urogenital	complex pelvis, pelvic floor and internals	complex pelvis, pelvic floor and internals	the older child neurotypical, neurodiverse intro	body image, emotions, emododid dynamics	global care, interoception, puberty, sports in children, migraines,	
09	10	11	12	13	14	15
VISCERAL BLOCK FOUR	VISCERAL BLOCK FOUR	VISCERAL BLOCK FOUR	F2F womens health block one d	F2F womens health block one d	F2F womens health block one d	womens health clinic 3
MORE COELAIC REGION / SUB- DIAPHRAGMATIC / RETRO-PERITEONAL	UROGENITAL AND PELVIC FLOOR	STOMAOGNATHIC, FACE, BREATHING, HEADS	post partum and breastfeeding, cavity / pelvic floor care	complex pelvic pain, organ support and complex function	older age, menopause, breast surgery, third age	



2025

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01	02	03	04	05	06
F2F year two / block two - d	F2F year two / block two - d	F2F year two / block two - d	internals - join in			
menopause	breast dynamics	third age, bones, cancer support	year two internals	year two internals	year two internals	internals - join in year two internals

NB: PLEASE IGNORE THE PINK DATES ABOVE – 3-4-5-6 JULY 2025. THIS IS NOT AVAILABLE TO NEW STUDENTS ON THE YEAR ONE WOMEN’S HEALTH, AS IT IS FOR SOME OF LAST YEARS YEAR-TWO COHORT THAT COULDN’T MAKE THEIR DATES.